

Little Red Schoolhouse #1

97 W. Jackson
Medford, OR 97503

Breakfast
September 2011

541-858-3387
info@littleschool.org
TaxID: 123456789

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pancakes Peach/Strawberry Slices Milk	2 Scrambled Eggs Toast with Jam Orange Slices Milk
5 Holiday - Center Closed	6 French Toast Fruit Cup Milk	7 Bran Muffin Peach Slices Milk	8 Puffed Wheat Cereal with Milk Banana Slices Apple Juice	9 Scrambled Eggs Hash Browns Toast with Jam Milk
12 Pancakes Applesauce Milk	13 Raisin Toast Applesauce Milk	14 Oatmeal with milk Banana Slices	15 Fruit Cup Cinnamon Roll Milk	16 Raisin Toast Canadian Bacon Peach Slices Milk
19 Bran Muffin Applesauce Milk	20 Waffles Apricot Halves Milk	21 French Toast Fruit Cup Milk	22 Pancakes Peach/Strawberry Slices Milk	23 Scrambled Eggs Toast with Jam Orange Slices Milk
26 Country Gravy over Buttermilk Biscuits Peach Slices Milk	27 French Toast Fruit Cup Milk	28 Bran Muffin Peach Slices Milk	29 Puffed Wheat Cereal with Milk Banana Slices Apple Juice	30 Scrambled Eggs Hash Browns Toast with Jam Milk

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Morning Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Soft Pretzels Cheese Spread	2 Graham Cracker Sandwich with Peanut Butter and Jelly
5 Holiday - Center Closed	6 Bagels with Cream Cheese Apple Juice	7 Apple Wedges Wheat Thins	8 Crackers with Cheese Slice Apple Juice	9 Graham Crackers Milk
12 Watermelon Cubes Cheeze Its	13 Ritz Crackers Milk	14 Tortillas with Melted Cheese Grape Juice	15 Graham Crackers Milk	16 Bran Muffins Tangerine Slices
19 Cantaloupe Cubes Ritz Crackers Apple Juice	20 Graham Crackers Milk	21 Tortillas with Melted Cheese Grape Juice	22 Soft Pretzels Cheese Spread	23 Graham Cracker Sandwich with Peanut Butter and Jelly
26 Cheese Slice on Crackers Apple Juice	27 Bagels with Cream Cheese Apple Juice	28 Apple Wedges Wheat Thins	29 Crackers with Cheese Slice Apple Juice	30 Graham Crackers Milk

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Lunch
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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cold Cut/Cheese Sandwich Clam Chowder Applesauce Milk	2 Cheeseburger on a Bun French Fries Corn Cookie Milk
5 Holiday - Center Closed	6 Swedish Meatballs and Gravy over Noodles Cooked Carrots Peach Slices Milk	7 Tuna Salad Sandwich Minestrone Soup Fruit in Jell-O Milk	8 Taco w/ Shredded Lettuce Mixed Vegetables Fruit Cup Milk	9 Corn Dog Peas and Carrots Fruit Cup Milk
12 Fish and Chips Mixed Vegetables Wheat Bread and Butter Milk	13 Pizza Tossed Green Salad Apple Slices Milk	14 Fish Sticks Rice Pilaf Peas Peach Cobbler Milk	15 Hot Dog on a Bun Spinach Banana Milk	16 Beans and Franks Cooked Carrots Apple Crisp Corn Bread Milk
19 Beef Stroganoff Green Beans Fruit Cup Milk	20 Chicken Taco w/ Lettuce Green Beans Jell-O with Fruit Milk	21 Weiner Wrap French Fries Corn Milk	22 Cold Cut/Cheese Sandwich Clam Chowder Applesauce Milk	23 Cheeseburger on a Bun French Fries Corn Cookie Milk
26 Chicken Nuggets Tater Tots Green Beans Cinnamon Rolls Milk	27 Swedish Meatballs and Gravy over Noodles Cooked Carrots Peach Slices Milk	28 Tuna Salad Sandwich Minestrone Soup Fruit in Jell-O Milk	29 Taco w/ Shredded Lettuce Mixed Vegetables Fruit Cup Milk	30 Corn Dog Peas and Carrots Fruit Cup Milk

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Afternoon Snack
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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Peanuts Apple Juice	2 Tangerine Slices Sunflower Seeds, shelled
5 Holiday - Center Closed	6 Banana Milk	7 Bread Pudding Milk	8 Crackers with Cheese Apple Juice	9 Carrot Sticks Party Mix with Peanuts and Dried Cereal
12 Raisin Bread with Peanut Butter Milk	13 Peanuts Apple Juice	14 Bread Pudding Milk	15 Bread Sticks Cheese Spread	16 Cantaloupe Cubes Sunflower Seeds Apple Juice
19 Banana Graham Crackers	20 Celery Stick filled with Cheese Spread Apple Juice	21 Granola Bars Apple Juice	22 Peanuts Apple Juice	23 Tangerine Slices Sunflower Seeds, shelled
26 Pear Slices Wheat Thins	27 Banana Milk	28 Bread Pudding Milk	29 Crackers with Cheese Apple Juice	30 Carrot Sticks Party Mix with Peanuts and Dried Cereal

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Dinner

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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Grilled Cheese Sandwich Tomato Soup Fruit Cup Milk	2 Chicken Nuggets Fried Rice Peas Jell-O with Fruit Milk
5 Holiday - Center Closed	6 Cold Cut/Cheese Sandwich Carrot & Celery Sticks Apple Crisp Milk	7 Hamburger on a Bun Tater Tots Sliced Cheese & Lettuce Jell-O with Fruit Milk	8 Lasagna with Meat Sauce Tossed Green Salad Corn Milk	9 Beef Taco with Shredded Lettuce and Cheese Mexicorn Flan Pudding Milk
12 Corn Dog Peas and Carrots Fruit Cup Milk	13 Chicken Nuggets Spanish Rice Peas and Carrots Pear Crisp Milk	14 Spaghetti & Meatballs Green Beans Applesauce Milk	15 Lasagna Cooked Carrots French Bread Fruit Cup Milk	16 Macaroni and Meatballs Peas and Carrots Fruit Cup Milk
19 Burrito, Bean and Beef Tossed Green Salad Corn Oatmeal Cookie Milk	20 Hot Dog French Fries Fruit Cup Milk	21 Chicken Pilaf Beets Fruit Cup Milk	22 Grilled Cheese Sandwich Tomato Soup Fruit Cup Milk	23 Chicken Nuggets Fried Rice Peas Jell-O with Fruit Milk
26 Chicken Nuggets Mashed Potatoes w/ Gravy Peas Cinnamon Rolls Milk	27 Cold Cut/Cheese Sandwich Carrot & Celery Sticks Apple Crisp Milk	28 Hamburger on a Bun Tater Tots Sliced Cheese & Lettuce Jell-O with Fruit Milk	29 Lasagna with Meat Sauce Tossed Green Salad Corn Milk	30 Beef Taco with Shredded Lettuce and Cheese Mexicorn Flan Pudding Milk